

Advertisement

5 Year Fixed Mortgages
STARTING AT
1.75%



5280
FINANCIAL GROUP, INC.

StubHub!
Where Fans Buy & Sell Tickets!

PRO FOOTBALL PICK'EM PLAY & WIN!
Sign Up for FREE!

HOME > NEWS > COLUMNISTS

Parker: A Cook's Kitchen school: like father, like daughter



Penny Parker
email | bio

October 28, 2006

It's not surprising that **Claudine Pepin's** earliest memories come from time spent in the kitchen with her famous father, **Jacques Pepin**.

"One of my earliest cooking memories is sticking my hands into flour," Claudine says after the first class at her new cooking school, A Cook's Kitchen. "It felt so nice. My dad used to say, 'Touch this, taste this, smell this, listen to this.'"

Claudine and her sommelier and chef pal **Elizabeth Woessner** decided to put their childhood memories and training to work in the new business that utilizes Woessner's magnificent Ogden Street kitchen, where four to six students prepare meals.

For this inaugural class, "entrees in under an hour," a team of gal pals drove through the snow from Colorado Springs to cook fancy but fret-free "fast food" recipes such as glazed salmon with "melted" leeks, pork loin with pureed butternut squash and chicken "nuggets" with garlic and herbs.

Claudine, who still does annual cooking demos with her dad during the Aspen Food and Wine Classic, and Elizabeth, a former pastry chef at the Cannes Film Festival, decided to join culinary forces to teach others about their mutual love of food.

During the class, Claudine holds up a partially shredded leek to demonstrate the best way to clean the dirty beasts. Elizabeth, meanwhile, plops boiled pieces of butternut squash into the food processor to puree them into a lovely mash. In the end, we all sit down to dine with wine.

For a schedule of cooking classes, which run the gamut from pasta to soup to fall feasts, check out acookskitchen.net.

QUE BUENO: La Sandia (pronounced San-DEE-ah) is the latest culinary creation from **Richard Sandoval**, the top tastebuds behind Tamayo and Zengo.

The new Mexican comfort food eatery opened this week in Northfield at Stapleton, the Belmar-esque development north of I-70 off East 49th Avenue.

A fellow foodie and I journeyed there this week to taste test the tasty menu items and check out the ga-ga-gorgeous new joint.

Highlights of the casual fare include make-your-own guacamole with ingredients delivered to your table, the frozen hibiscus margarita, tacos baja with beer battered tilapia, beef barbacoa sopes and the morenita sundae made of brownie chunks, hot fudge and cinnamon ice cream.

Look for a second La Sandia (means the



STORY TOOLS

Email this story | Print

POLL

Your comment:
240 characters max

Vote

OTHER COLUMNS

- October 28, 2006
> **Parker:** A Cook's Kitchen school: like father, like daughter
- October 27, 2006
> **Parker:** 80-year-old ready to rip up the ski slopes around Colorado
- October 26, 2006
> **Parker:** For Melo and La La, the baby comes first
- October 25, 2006
> **Parker:** Teacher has right chemistry to host do-it-yourself show
- October 24, 2006
> **Parker:** The Gabster's guide to great grub has come of age
- October 21, 2006
> **Parker:** With this paw: Expectant pet to 'marry' beau
- October 20, 2006
> **Parker:** Restaurant opening after hurry-up rehabilitation
- October 19, 2006

SEARCH

Subscribe | E-mail alerts | Electronic edition | RSS

- + COMMUTER CAMS
- + FORUMS AND BLOGS
- CSAP SCORES AND SCHOOL REPORT CARDS

Search for a school report card search

Search for a school's CSAP scores search

- + LOCAL GOVERNMENTS
- + STATE LEGISLATURE

Advertisement



LOSE WEIGHT YOU CAN DO IT!

nutrisystem

MOST VIEWED STORIES [more »](#)

- > Voters pass ban on gay marriage
- > Poor air quality: Broncos secondary was shredded past two games
- > Pro-pot proposal takes a big hit
- > Musgrave, Paccione in photo finish
- > Voters signal 'enough'

ADVERTISING LINKS [buy a link »](#)

Publish Your Cook Book
A Cherished Book By A Random House Ventures Partner. Get Your Free Kit www.Xlibris.com

Engraved Creations
Engraved & personalized gifts for all occasions
<http://engraved-creations.com>

SPONSORED LINKS

- > Travel Articles
- > Denver LASIK eye surgery
- > Fish Oil
- > Cash Advance
- > Colorado Real Estate
- > Denver local HDTV is HERE!
- > Compare Prices
- > Baby Bedding
- > Colorado Land For Sale
- > Fundraisers
- > Denver Real Estate and Homes for Sale
- > Attorney Finder
- > Strollers
- > Whole House Fans
- > Lingerie
- > Personal Loan
- > Direct Mailing Lists

watermelon) to open in the old Lord & Taylor space that will turn into an outdoor shopping area at Park Meadows mall.

BARE FACTS: If you're willing to grin and "bare" it, some CSU students are organizing a streak-a-thon from 6:30 to 10:30 tonight in Fort Collins in an effort to break the world's record for the most streakers in one place.

Cash donations will go to breast and testicular cancer organizations. Organizers say they don't expect every participant to strut their birthday suits, but want to beat the current record of 1,200 streakers held by CU.

The event will take place on private land at the southwest corner of Overland Trail and LaPorte Avenue. More info: Rob Thomas, 970-215-1587.

SO LONG CHEF: Matthew Franklin, who was the top toque at 240 Union for 15 years, has left the Lakewood eatery. Owner Michael Coughlin has promoted sous chefs Nicole Verville and Dave Shinsky to run the kitchen.

"Matthew and I didn't have a falling out," Coughlin said about Franklin's departure. "I think he was going through a midlife crisis. We've all been there. I think somewhere down the line he wants to open his own restaurant."

FRIGHT NIGHT: Come in a crafty costume to the Robert Randolph and the Family Band concert on Tuesday, Halloween, at the Fillmore and you could win a pair of tickets to every Fillmore show for a year. Judges will be looking for the best costume in the crowd. Tickets: ticketmaster.com.

EAVESDROPPING on a woman standing in front of the ice sculpture where a bartender dispensed martinis at the vodka and cigar dinner in the Brown Palace: "Luge it or lose it."

Penny Parker's column appears Tuesday through Saturday. Listen to her on the Caplis and Silverman radio show between 4 and 5 p.m. Fridays on KHOW-AM (630). Call her at 303-954-5224 or e-mail parkerp@RockyMountainNews.com.

About Penny Parker

After six years as a business writer at *The Denver Post*, Parker opted to cross Colfax and join the *Rocky Mountain News* as the **On the Town** columnist. Parker's background includes seven years as a feature writer at *The (Everett) Herald*, a *Washington Post*-owned newspaper in Washington state, and a short stint as managing editor for two weeklies near Bellevue, Wa. As a feature writer, she won numerous awards, as well as a Society of Business Editors and Writers award for business writing. Parker is a California native and graduate of San Francisco State University.

> **Parker:** Bachelor of the Year Matt Wood makes round of TV shows

October 18, 2006

> **Parker:** Jeweler has a gem of a 60th birthday party at Soiled Dove

October 17, 2006

> **Parker:** Rock Island owner plans 'nose to toes' renovation

October 14, 2006

> **Parker:** Wine-blending tests lead to ruby-red results: Go easy on petit verdot

October 13, 2006

> **Parker:** 'Hoof signings' by artists will provide postscript to CowParade

October 12, 2006

> **Parker:** Gifford makes way back to Colorado after 13 years

October 11, 2006

> **Parker:** He's Colorado's hunka hunka in Cosmo Hottest Bachelors race

October 10, 2006

> **Parker:** Restaurateurs make way back to Denver

October 7, 2006

> **Parker:** No one safe from Rick Reilly's wit at guy gathering Men For The Cure

October 6, 2006

> **Parker:** Month is filled with ways to support breast cancer research

October 5, 2006

> **Parker:** Second City may be seeking a third when show ends

October 4, 2006

> **Parker:** Boys' night out has worthy goal: funds for breast-cancer research

October 3, 2006

> **Parker:** Fat suits, bad karaoke pay off big for charity fundraiser

October 2, 2006

> **Parker:** DAM gala a feast for the eyes

September 30, 2006

> **Parker:** Bright lights suddenly shining on Littleton contractor

September 29, 2006

> **Parker:** Denver dudes sign up to 'GO' on island vacation adventure

September 28, 2006

> **Parker:** Top female chefs collaborate

September 27, 2006

> **Parker:** Club level at Invesco gets Mile High makeover

